

# Level One Theraplay & MIM

WEST CHESTER TOWNSHIP, OH



## What is Theraplay?

Theraplay is a short-term, therapist-guided dyadic psychotherapy that focuses on parent-child relationships and has been accepted by SAMHSA as an evidence-based practice. It:

- Enhances attachment, self-esteem, and trust in others through joyful engagement
- Elicits cooperation and improves behavior issues in children through positive connection
- Creates an active and empathic connection between child and parents
- Focuses on structure, engagement, nurture and challenge
- Results in changed view of the self as worthy and lovable, and of relationships as positive

## Learning Objectives include:

- Administer and analyze the MIM
- Utilize the MIM as a guide for treatment planning
- Describe the four dimensions of Theraplay and demonstrate one activity from each dimension
- Describe ways to adapt Theraplay treatment to meet the needs of a child with complex trauma
- Describe how to guide parents to participate in a Theraplay session

## How does it differ from other modalities?

- It directly involves the parents or caregivers in change
- It is active, interpersonal, and fun
- Progress can be made quickly
- It focuses on strengthening the parent-child relationship
- It focuses on the “here and now”
- It can be used with children with developmental delays
- The “Theraplay Way” flows easily from clinical setting to home
- Theraplay is appropriate for all ages - infancy through adolescence

## Who Should Attend?

Psychologists, Psychiatrists, Social Workers, Clinical Counselors, Marriage and Family Therapists, School Counselors, Play Therapists, Infant Mental Health Professionals, Special Education Teachers, and others...



**March 24 - 27, 2025**  
8:30 am - 4:30 pm



**Jessica Weidel**  
M.Ed., LMHC

Register at [theraplay.org](https://theraplay.org) or  
contact us at 847-256-7334  
or [info@theraplay.org](mailto:info@theraplay.org)

